

## Full Report (All Nutrients) 45141900, NUTIVA, COCONUT OIL, UPC: 692752103520

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**Report Date: May 10, 2017 03:11 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Nutiva, Inc.

Nutrient	Unit	Data points	Std. Error	1 Tbsp 15g	1 Value Per100 g
<b>Proximates</b>					
Energy	kcal	--	--	130	867
Protein	g	--	--	0.00	0.00
Total lipid (fat)	g	--	--	14.00	93.33
Carbohydrate, by difference	g	--	--	0.00	0.00
<b>Minerals</b>					
Sodium, Na	mg	--	--	0	0
<b>Vitamins</b>					
<b>Lipids</b>					
Fatty acids, total saturated	g	--	--	13.000	86.670
Fatty acids, total monounsaturated	g	--	--	1.000	6.670
Fatty acids, total polyunsaturated	g	--	--	0.500	3.330
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

### Amino Acids

### Other

### Ingredients

\*ORGANIC, UNREFINED, COLD-PRESSED VIRGIN COCONUT OIL. *Date Available:* 09/23/2016 *Date Last Updated by Company:* 09/23/2016